

BENEFITS OF ARTINTUIT PROGRAMS

<p>Residents Clients Individuals</p> <p>The Drawing Memories program provides evidence of compliance with Standards 1, 2, 3, 4, 5 & 7</p>	<p>Supports physical and psychosocial needs, enhancing emotional wellbeing through sensory enrichment, social connections, resilience and coping, productive contributions, comfort and creative fulfilment.</p> <ul style="list-style-type: none"> • Gross motor skill development that is hard to replicate in other activities • Strengthens hand-eye coordination and manual dexterity. • Improved cognition and reduced depression scores post program • Individual engagement within a group means the sessions can be recorded as 1:1 time or in group charting • Residents who are not naturally artistic are deeply gratified by the journey they undertake on the program <ul style="list-style-type: none"> • Purposeful and meaningful engagement that residents very much look forward to that • Reduces social isolation • Focusses on capabilities rather than disabilities or limitations • Small groups that create a shared interest. • Choice and dignity is embedded in all parts of the program – it promotes a culture of inclusion and respect for resident, supports residents to exercise choice and independence in the study and production of art. • Promotes independence, autonomy and wellness. • Provides a quiet space for reflection – promotes a sense of belonging and a safe place for reminiscing • Learning new skills (or rediscovering skills) lead to self-confidence, self-esteem and self-worth. • Social relationships, connections and inclusiveness - residents interact in new ways. • Provides evidence of cultural safety as per standard 1 as the program encompasses diversity, culture and identity. • A key difference to most art programs is the Multi-sensory activities which stimulate the senses and revive memories. • Creative challenges encourage critical, higher order thinking as does the discussion and leadership by an experienced art educator. • Activates both sides of the brain and builds new neural pathways. • Artmaking has proven meditative effects that calm the mind, reducing stress and anxiety while honing coping skills which can be long lasting and replicated in other RAO / LLO activities to compliment and extend the benefit
<p>Community Carers Spouses Family</p>	<ul style="list-style-type: none"> • Reconnection of relationships or new connections • Respite for carers, which is critical to their long term coping capacity • Calming and stress-reducing while honing resilience and coping skills • Provides a shared creative outlet that is emotionally and cognitively satisfying to both <ul style="list-style-type: none"> • Opens communication channels and shared memories with spouses/family members • Social connection with professional artist

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<p>Lifestyle and Care Staff</p>	<p>Gift of time –</p> <ul style="list-style-type: none"> • Facilitator provides feedback to lifestyle coordinator who can chart the activity or add progress notes against the standards • Low level of resource allocation as the program comes equipped as ‘art in a cart’ • Frees up time taken to locate and prepare creative activities • The program is often beyond the skill set of most activities staff but provides important development opportunity for them. • More time to attend to care needs of other residents • Offers a short respite and opportunity to destress through their own artmaking • More time to spend with the residents while opening communication channels and updating information in clinical systems based on the learnings • When staff and resident make art together the task focus disappears, and person-centred care is fuelled • Residents who are emotionally healthy may take more initiative, be more social with other residents which means less assistance required. • Happier residents generally need less staff time. • Promotes a happier work environment, deeper connection with and respect for residents, and greater work satisfaction.
<p>Organisational Management</p>	<ul style="list-style-type: none"> • Aligns with the principles of best practice and quality care. • Compliance with 6 Aged Care Standards & NDIS Code of Conduct. • Happier staff generally need fewer sick days. • Happier residents display less behaviours of concern. • Observations from an outsider’s perspective contributes to staff observations, which allows thorough wellbeing evaluations. • Non-medicinal intervention. • May assist behaviour management potentially lessening the need for use of prescribed drugs. • Tapping into what’s meaningful to the person is a more humanistic approach than simply providing entertainment that may or may not engage them. • Program is adaptable to online during lockdowns.