

Qualifications

- Bachelor Design (Graphic) (Hons)
- Certificate in Understanding Dementia
 - Certificate in Arts and Dementia
 - Trained Arts Health Facilitator
- Diploma in Art Therapy - Pending

Researcher

- PhD study in Arts and Health
- Designed and tested the Drawing Memories Program
- International conference speaker
- Evaluation of older people's experience of an activity

Carer

- Spouse with a disability
- Elderly parent with dementia
- Familiarity with aged care services
- Understanding of the traumatic upheaval of transition into aged care
 - Empathy, patience
 - Non-judgemental
 - Grief and loss

Why I Can Help You

I'm privileged to bring together my personal and professional experience in a way that supports staff and the overall wellbeing of our elders and people living with dementia and disability.

Artist

- Graphic designer
- Published illustrator
- Member of The Outside-in-Collective
 - Creative Engagement Specialist
- Skilled in art media and techniques
 - Facilitation of workshops

Teacher

- University lecturer for 22+ years
- Course development and group facilitation
- Understanding of health and safety, equity and multi-cultural diversity
- Experience working with people with cognitive and physical challenges

Aged Care

- Working with the elderly
- Understanding of dementia
- Realistic expectations of diverse levels of cognitive understanding
 - Observation notetaking
- Knowledge of the elders' era
 - Liaise with staff
 - Person-centred facilitation